



PARAN
INTERNATIONAL
EMPLOYMENT
SERVICES
(PIES)

TRAINING

2025

COURSE DESCRIPTION	DURATION	MONTH	TARGET GROUP
 Labour law Updates and Amendments for Finance Professionals: A comprehensive guide to calculating retrenchment costs under the new regulations (S.I 191 of 2024 Understanding the financial repercussions of noncompliance with labour laws Navigating employee benefits and taxation Quantifying the financial costs of wrongful termination of employment contracts The interplay between leave policies and payroll implications Financial implications of CBAs and wage negotiations with trade unions Labour law risks: strategies for insurance and mitigation 	1 day	13 February	Accountants, Finance Managers, Auditors, Tax professionals, Banking & Investment professionals
Leadership and Management Competence and Skills Enhancement Training:	1 day	14 March	CEOs, Departmental Heads, Team leaders, Managers, Supervisors

	SMART Goal setting Goal alignment Goal setting process and overcoming obstacles Time management Understanding the key principles and theories of leadership. Developing self-awareness and emotional intelligence as a leader. Enhancing communication and interpersonal skills for effective leadership. Learning strategies for building and leading high- performing teams. Developing skills in decision-making, problem-solving, and critical thinking. Gaining insights into effective coaching and mentoring techniques. Developing skills for managing conflicts and resolving issues. Enhancing strategic thinking and planning abilities. Fostering innovation and adaptability in leadership roles.			
3. Corpo	rate Support Staff Capacity Development Training:	2 days	27-28 March	Receptionists, Administrative
	Customer service excellence			Assistants, HR staff,

 Understanding online office tools (Word, Excel, PowerPoint, Emails) Grooming and etiquette Understanding health and safety at the workplace Understanding bullying and harassment at the workplace Understanding employment contracts and labour law updates 			Marketing staff, Procurement and Supply Chain Staff, IT staff
 4. Capacity Building Workshop for Trade Unions: Collective bargaining strategies and techniques Labour law compliance and enforcement Dispute resolution and grievance handling Organizing and recruiting members Negotiating retrenchment under S.I 191 of 2014 Building alliances and coalitions Labour law updates and recent developments 	2 days	24-25 April	Trade union officials, legal officers
5. Workers Committee Training:	2 days	8-9 May	Workers Committee members, works council members

 Role, responsibilities, and authority of the Workers Committee within the organization. Structure, composition, and election process of the committee. Understanding relevant labor laws, regulations, and collective bargaining agreements. Building effective communication channels between the committee and employees. Developing collaboration skills within the committee to enhance teamwork. Promoting a positive work environment and employee engagement. Grievance Handling and Dispute Resolution Workplace Productivity 			
 Works Council Training: Introduction to Works Council and its role in the organization Understanding the legal framework and regulations governing Works Council Promoting effective collaboration and communication between management and Works Council Building positive relationships and trust between management and Works Council members Exploring the rights and responsibilities of Works Council members Developing a shared understanding of organizational goals and objectives 	2 days	23-24 May	Workers Committee representatives, management representatives, works council members

- Identifying areas of mutual interest and common challenges
- Enhancing negotiation and conflict resolution skills for Works Council members and management representatives
- Establishing effective mechanisms for information sharing and consultation
- Addressing specific topics such as working conditions, employee welfare, and organizational development
- Collaborating on decision-making processes and policy development
- Ensuring Works Council involvement in organizational change initiatives
- Establishing effective channels for feedback and employee representation
- Encouraging Works Council participation in fostering a positive work culture and employee engagement
- Promoting Works Council's role in enhancing workplace productivity and employee well-being
- Sharing best practices and success stories from other organizations with effective Works Council structures
- Building a constructive and productive relationship between Works Council and management
- Developing strategies for Works Council and management collaboration during challenging times, such as restructuring or cost-cutting measures
- Ensuring compliance with legal requirements related to Works Council activities and information sharing
- Providing ongoing support and training opportunities for Works Council members and management representatives to enhance their effectiveness

 Building a culture of mutual respect, trust, and cooperation in the organization through the partnership between Works Council and management. 			
 7. Managing Error Free Dispute Resolution Procedures Seminar: Understand the purpose and importance of error-free disciplinary hearings. Familiarize participants with the legal and regulatory framework governing disciplinary processes. Provide guidance on preparing for disciplinary hearings, gathering evidence, and providing proper notice. Equip participants with the skills to conduct disciplinary hearings with professionalism and impartiality. Evaluate evidence and consider mitigating factors in decision-making. Communicate the outcomes of disciplinary hearings clearly and respectfully. Conduct a post-hearing review and learn from the disciplinary process. 	2 days	6-7 June	Management, workers committee members, HR practitioners, labour lawyers, IR practitioners
 8. Team Development Retreat: Team profiling and designing Understand the importance of effective teamwork in achieving organizational goals. 	2 days	12-13 June	Executive, Management, worker leadership, supervisors

 Develop strategies for building trust and establishing strong team dynamics. Enhance communication and collaboration within teams. Learn techniques for resolving conflicts and managing team challenges. Foster a culture of accountability and shared responsibility. Improve overall team performance and productivity. Strengthen team relationships and foster a positive team culture. Develop strategies for effective problem-solving and decision-making as a team. Enhance communication and collaboration across different teams and departments. Learn techniques for managing diverse and virtual teams. Foster innovation and creativity within teams. Develop skills for team performance evaluation and continuous improvement. Variety of in-door and out-door Team Building Activities 			
 9. Occupational Safety, Wellness and Health Training: Introduction to occupational safety regulations and legal requirements. Identifying workplace hazards and implementing preventive measures. 	2 days	26-27 June	HR staff, SHEQ practitioners, wellness champions

- Training on proper use of personal protective equipment (PPE).
- Emergency preparedness and response procedures.
- Safe handling of hazardous materials and equipment.
- Ergonomics and preventing musculoskeletal disorders.
- Fire safety and evacuation protocols.
- Workplace violence prevention and de-escalation techniques.
- Machinery and equipment safety guidelines.
- Electrical safety measures and precautions.
- Reporting and investigation of workplace incidents and near misses.
- Promoting work-life balance and stress management techniques.
- Educating employees on the importance of mental health and well-being.
- Techniques for managing workplace stress and building resilience.
- Creating a supportive and inclusive work environment.
- Identifying signs of mental health issues and providing support resources.
- Encouraging healthy lifestyle choices and physical activity.
- Ergonomics and promoting good posture and movement.
- Educating employees on the benefits of regular breaks and relaxation techniques.
- Providing resources and guidance on nutrition and healthy eating habits.

- Developing strategies for fostering positive relationships and communication.
 Promoting general health and hygiene practices in the workplace.
 Educating employees on the importance of hand
- hygiene and proper sanitation.
- Preventing the spread of infectious diseases and illness.
- Training on safe food handling and storage practices.
- Educating employees on the risks of substance abuse and promoting a drug-free workplace.
- Providing information on common workplace health hazards and prevention measures.
- Promoting regular health screenings and preventive healthcare practices.
- Training on recognizing and responding to medical emergencies.
- Providing comprehensive first aid and cardiopulmonary resuscitation (CPR) training.
- Recognizing and responding to common workplace injuries and medical emergencies.
- Training on proper use of first aid equipment and supplies.
- CPR techniques for cardiac arrest situations.
- Managing choking incidents and other life-threatening situations.
- Ensuring employees are prepared to respond effectively in emergency situations.

 10. Employment Codes of Conduct/HR Policies Development and Review Training: Understand the importance and benefits of HR policies in the workplace. Develop a systematic approach for policy development and review. Identify the key elements and components of effective HR policies. Ensure legal compliance and alignment with relevant laws and regulations. Involve stakeholders in the policy development and review process. Write clear, concise, and user-friendly HR policies. Conduct policy audits and evaluations to identify gaps and areas for improvement. Implement policy updates and communicate changes effectively to employees. Develop a sustainable framework for ongoing policy management and review. 	2 days	24-25 July	Management, HR Staff, Trade union, worker leadership
 11. Employee Engagement/Satisfaction Training: Understand the concept and importance of employee engagement. Recognize the impact of rewards and recognition on employee motivation and performance. 	1 day	22 August	Management, Worker leadership, HR practitioners, labour lawyers, IR practitioners

 Learn the principles and best practices of effective rewards and recognition programs. Design and implement a comprehensive rewards and recognition strategy. Identify and customize appropriate rewards for different employee groups. Foster a culture of appreciation and celebrating employee achievements. Develop strategies to measure and evaluate the effectiveness of rewards and recognition initiatives. Align rewards and recognition programs with organizational goals and values. Enhance employee satisfaction, engagement, and retention through rewards and recognition. 			
 12. Technology and Digital Skills: Understand the challenges and benefits of remote work. Develop effective remote work habits, routines, and self-discipline. Utilize virtual collaboration tools and technologies effectively. Enhance communication and collaboration skills in virtual teams. Manage time and priorities for remote work productivity. Maintain work-life balance in a remote work environment. Build strong relationships and trust with remote colleagues. 	1 day	26 August	Management, Worker leadership, HR practitioners, labour lawyers, IR practitioners

 Overcome common challenges of remote work and virtual collaboration. Foster a positive remote work culture within the organization. 			
 13. Designing and Implementing Performance Management Systems: Understand the importance of performance management in achieving organizational objectives. Learn the key components and principles of a performance management system. Develop skills in setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) performance goals. Gain insights into effective performance measurement and evaluation techniques. Learn strategies for providing constructive feedback and coaching for performance improvement. Develop skills in conducting performance appraisals and performance discussions. Explore methods for identifying and addressing performance gaps. Understand the role of performance management in talent development and succession planning. Learn techniques for managing and documenting performance-related conversations. 	1 day	19 September	HR Managers, line managers, supervisors, business owners, team leads
	1 day	17 October	

 14. Change Management and Organizational Development Workshop: Understand the importance of change management and organizational development. Learn the stages and models of the change process. Develop skills in managing resistance to change. Enhance communication and stakeholder engagement during change initiatives. Learn techniques for assessing and managing organizational readiness for change. Explore strategies for leading and supporting individuals through change. Develop action plans for implementing change initiatives effectively. Foster a culture of adaptability and continuous improvement. Gain insights into evaluating and sustaining change efforts. 			Senior leaders, change agents, department heads, HR professionals, project managers
 15. Employee Well-Being and Work-Life Balance Training: Understand the importance of employee well-being and work-life balance. Recognize the impact of well-being on employee performance and productivity. Identify signs of stress and burnout and their effects on individuals and organizations. Learn techniques for managing stress and promoting self-care. 	1 day	7 November	HR professionals, managers, counselors, occupational health practitioners, wellness champions

 Develop strategies for achieving work-life balance and integration. Create a supportive work environment that prioritizes employee well-being. Implement well-being initiatives and programs within the organization. Foster a culture of work-life balance and flexibility. Measure and evaluate the effectiveness of well-being initiatives. 			
 Understand the nature and impact of conflicts in the workplace. Identify common causes and triggers of workplace conflicts. Develop effective communication and active listening skills. Apply negotiation techniques to resolve conflicts. Facilitate mediation processes to promote constructive resolutions. Identify and manage emotions in conflict situations. Promote empathy and understanding among conflicting parties. Foster a positive and collaborative work environment. 	1 day	12 December	Managers, supervisors, team leaders, HR staff, IR practitioners, labour lawyers

Develop strategies for preventing and managing conflicts in the future.

NOTES:

1. Fees

All training fees are charged per person

2. Payment

Training fees are payable in advance and in full

3. Travelling and accommodation for in person training

Delegates should make their own travelling and accommodation arrangements

4. In-house trainings

All the above courses can be customized and presented in-house i.e. at your organization or chosen venue.

If you are interested in learning more about our training offers or would like to get a quote for any of our seminars, please do not hesitate to contact us.

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Thank you for your continued support. We look forward to working with you.



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